EM spectrum	Wavelength/ m (low to high limit)	Frequency / Hz	Method of production	Method of detection	Uses	
Radio Waves	10 <sup>-1</sup> to 10 <sup>4</sup> m	3 X 10 <sup>9</sup> to 3 X 10 <sup>4</sup> Hz	Electrons oscillated by electric fields in aerials	Resonance in electronic circuits	Television, radio, telecommunications, WIFI	ln
Microwaves	10 <sup>-4-</sup> to 10 <sup>-1</sup> m	3 X 10 <sup>12</sup> to 3 X 10 <sup>9</sup> Hz	Magnetron, klystron oscillators, using electrons to set up oscillations in a cavity.	Heating effect, electronic circuits		Increasing Fre
Infra-red	7.4 X 10 <sup>-7</sup> to 10 <sup>-3</sup> m	4 X 10 <sup>14</sup> to 3 X 10 <sup>11</sup> Hz	Oscillation of molecules from all objects above temperature of absolute zero	Photographic film, thermophile, heating of skin	Heaters, night vision equipment, remote controls	Frequency/Danger
Visible light	3.7 X 10 <sup>-7</sup> to 7.4 X 10 <sup>-7</sup> m	8 X 10 <sup>14</sup> to 4 X 10 <sup>14</sup> Hz	High temperature solids and gases, lasers	Photographic film, retina of eye		
Ultra-violet	10 <sup>-9</sup> to 3.7 X 10 <sup>-7</sup>	3 X 10 <sup>17</sup> to 8 X 10 <sup>14</sup> Hz	From high temperature solids and gases, lasers	Photographic film, sunburn, phosphors	Disco lights, tanning studios, counterfeit detection, by detergents	(decreasing wavelength)
X-rays	10 <sup>-12</sup> to 10 <sup>-7</sup> m	3 X 10 <sup>20</sup> to 3 X 10 <sup>15</sup> Hz	Bombarding metals with high-energy electrons	Photographic film, fluorescence	Computer-aided tomography (CT) scans, X-ray photography, crystal structure analysis	vaveler
Gamma rays	10 <sup>-16</sup> to 10 <sup>-9</sup> m	3 X 10 <sup>24</sup> to 3 X 10 <sup>17</sup> Hz	Nuclear decay or in a nuclear accelerator	Photographic film, Geiger counter	Diagnosis and cancer treatment (radiotherapy)	ngth)